



## Japanese Mesothelioma Buddy Nurse visited the UK!

Japanese Mesothelioma Buddy Nurses visited the UK to learn the holistic care for the people with mesothelioma and their family. They met professionals includes mesothelioma nurses (MN), solicitors, support group members and so on.

Japanese Nurses were impressed that mesothelioma nurses in the UK who were taking an important role to guide and support patients and their family working with other professionals. In Japan, the care and support for the patients with mesothelioma are fragmented. It is an key issue how to provide the holistic care though the course of disease in Japan.



Ms. Louise Chaffe (London Asbestos Support Awareness Group) MN. Sam Jayasekara, Cancer navigator Ms. Sue



Ms. Judie Bull (London Asbestos Support & Awareness Group)  
Mr. Paul Webber (JMW)



MN. Rachel Thomas, MN. Sophia Holden at St. Thomas's Hospital



MN. Samantha Westbrook, MN. Rachel Thomas, MS. Lynne Squibb (HASAG Asbestos Disease Support), MS. Phoebe Osborne (Hugh James), MN. Leah Taylor, MN. Sophia Holden



# Who visited the UK?

The Bell Land Hospital (private hospital with 477 beds and 1100 staffs) is located in Sakai city, Osaka where used to have the asbestos industry. The Bell Land Hospital is expected to provide the quality care for people with mesothelioma and their family. Ms. Yoko Maehara, the head of Nurse says, "Since Dr. Okabe, a major thoracic surgeon arrived our hospital, we are receiving a number of



mesothelioma patients across Japan. It is our mission to provide quality care."

Ms. Fumiko Noguchi, nurse administrator analyzed that "I am impressed that British mesothelioma nurses developed the network involving other professional. That is what we need!". Ms. Nana Ishikawa, palliative care nurse commented that mesothelioma patients were well supported in the clinical setting, on the other hand, supportive care was typically insufficient in the community." Ms. Shoko Minami, pulmonal ward nurse excitedly expressed her passion to take care of mesothelioma patients and their family by saying "I want to support mesothelioma patients more using the knowledge I learnt from the people in the UK."

Good luck, mesothelioma buddy nurses!



Ms. Shoko Minami  
Leader, Pulmonal Ward



Ms. Nana Ishikawa  
Head of Palliative Care



Ms. Fumiko Noguchi  
Nursing Administrator



Ms. Yoko Maehara  
Head of Nurse

**Sarah Nagamatsu**, RN, PHN, PhD is the associate professor of Global Health Nursing, St. Luke's International University, Japan. Her mission is to prevent asbestos-related diseases, and to improve quality of life of mesothelioma patients and their family. She revealed the quality of life of people with mesothelioma was impaired and bereaved family experience prolonged grief. To support the patients and family, the holistic ABC Care Guide for mesothelioma patients and their family was developed in 2021. The ABC stands for A: Asbestos, B: Buddy nurse, C: Community and Cognitive Behavioral therapy. She started the educational program care-coordination of mesothelioma care in 2022.

E-mail: [sarah-nagamatsu@slcn.ac.jp](mailto:sarah-nagamatsu@slcn.ac.jp)



Special thanks to Ms. Sam Jayasekara, Ms. Sue, Ms. Alison, Ms. Louise Chaffe, Ms. Rachel Thomas, Ms. Sophia Holden, Mr. Paul Webber, Ms. Judie Bull, Ms. Leah Taylor, Ms. Samantha Westbrook, Ms. Lynne Squibb and Ms. Phoebe Osborne for lecture. Also thanks to Ms. Liz Darlison, Mr. John Flanagan and Ms. Monika Ikeda for introduction of wonderful people.

This activities was financially supported by the Japan Society for the Promotion of Science Grants-in-Aid for Scientific Research (JSPS KAKENHI) Grant Number 21H03241.

